

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breakfast Sandwich Fruit</p> <p>Mini Corndogs Potatoes/Tomatoes Fruit</p>	<p>3 Dutch Waffles Sausage/Fruit</p> <p>Quesadillas/Salsa Beans/Cucumbers Apricots/Ice Cream</p>	<p>4 Pirate Breakfast Fruit</p> <p>Asian Bowl Eggroll/Broccoli Mandarin Oranges</p>	<p>5 Pancake Wrap Breakfast Parfait/Fruit</p> <p>Grilled Chicken Sandwich Salad/Veggie Cup Fruity Gelatin</p>	<p>6 Cinnamon Roll Sausage/Fruit</p> <p>Pizza Carrots/Green Beans Fruit/Apple Crisp</p>
<p>9 Pancakes/Bacon Fruit</p> <p>Fish Sticks Salad/Potatoes/Okra Roll/Strawberries</p>	<p>10 Breakfast Taquitos Strudel/Fruit</p> <p>Tex-Mex Stack Salad/Beans/Carrots Cinnamon Apples/FroYo</p>	<p>11 Breakfast Pizza Breakfast Parfait/Fruit</p> <p>Chicken Alfredo Salad/Green Beans Peaches</p>	<p>12 Oatmeal/Bacon Cinnamon Toast/Fruit</p> <p>Ranchero Wrap/Corn Crunchy Broccoli Salad Apples/Rice Krispies Treats</p>	<p>13 Donuts/Sausage Fruit</p> <p>Potato Bowl Salad/Tomato Snowball Salad</p>
<p>16 Kolache Breakfast Parfait/Fruit</p> <p>Enchiladas Beans/Corn/Salsa Oranges/Pudding</p>	<p>17 Cheese Omelet Toast/Bacon/Fruit</p> <p>Chili Cheese Totchos Veggie Cup/Potatoes Strawberries/Bananas</p>	<p>18 Pirate Breakfast Fruit</p> <p>Chicken Nuggets Mac'n'Cheese/Salad Carrots/Squash/Grapes</p>	<p>19 Breakfast Sandwich Breakfast Parfait/Fruit</p> <p>Breaded Mozzarella Sticks Salad/Tomatoes/Pears</p>	<p>20 French Toast Sausage/Fruit</p> <p>Extreme Burrito Salad/Corn/Cucumbers Rosy Applesauce/Brownies</p>
<p>23 Pancakes Bacon/Breakfast Parfait</p> <p>Breaded Drumsticks Salad/Sweet Potato Fruit</p>	<p>24 Breakfast Burritos Hashbrowns/Fruit</p> <p>Frito Pie/Beans Salad/Veggie Cup Pineapple Crisp</p>	<p>25 Waffles/Sausage Breakfast Banana Split</p> <p>Cheesy Breadsticks Salad/Broccoli/Marinara Cinnamon Applesauce</p>	<p>26 Stuffed Bagels Cheese Cubes/Fruit</p> <p>Chicken Wings Salad/Celery/Carrots Mixed Fruit/FroYo</p>	<p>27 Oatmeal/Bacon Cinnamon Toast/Fruit</p> <p>Chicken Parmesan Salad/Green Beans Corn/Peaches</p>
<p>30 Breakfast Pizza Breakfast Banana Split</p> <p>Oven Fried Chicken Potatoes/Tomatoes/Fruit</p>	<p>31 Dutch Waffles Sausage/Fruit</p> <p>Nachos Grande Beans/Cucumbers/Salsa Apricot/Ice Cream</p>	<p>*Juice = 100% Juice *White Milk = 1% *Chocolate Milk = Fat Free *Strawberry Milk = Fat Free</p>		<p>Juice is served K-12 at Breakfast Juice is served for HS at Lunch Milk is served for both meals</p>